



STATESMAN

Wednesday, November 11

UNIVERSITY OF MINNESOTA DULUTH

www.umdstatesman.com

News

UMD's "shattered glass theory" means more punishment for underage drinking

News: Page 2

Variety



Drag show makes for a gender celebration

Variety: Page 9

Opinion

OMG, texting while driving has serious consequences

Opinion: Page 15



VETERAN'S CLUB/SUBMITTED

They've experienced life overseas, and now they're back at UMD

Iraq War Veteran Dominic Amaral describes the difficult transition from war to school and how he came to find comfort in the UMD Veteran's Club

News: Page 7

Expanded coverage online at umdstatesman.com

Underage consumptions higher at UMD

BY VERONICA WILSON
wilso911@d.umn.edu

Last year, UMD had the highest amount of underage consumption tickets issued when compared to six universities that are similar in size and in close vicinity to UMD.

The six schools examined along with UMD were Minnesota State University-Mankato; St. Cloud State University; University of Minnesota-Twin Cities; University of Wisconsin-Green Bay; University of Wisconsin-Eau Claire; and University of North Dakota.

UMD issued 420 underage consumption tickets in 2008, according to university police crime statistics. Mankato ranked second, issuing less than half of UMD's total, with 205 tickets issued.

University police said they most often compare themselves to the University of Wisconsin-Eau Claire, because the school and town are similar in size to UMD and Duluth. Even with these similarities, Wisconsin-Eau Claire's 124 underage consumption tickets are not even a third of UMD's total.

The trend continues when comparing UMD to a larger school. The University of Minnesota-Twin Cities has 66,099 students and UMD has 11,366. Apparently, higher en-

rollment does not correlate to more underage consumption tickets; the University of Minnesota Twin Cities issued 198 tickets in 2008.

Students may look at the numbers and find pride in saying that UMD must be a party school. However, university police say there is no reason to presume that UMD has anymore underage drinking than the next school, rather more strict enforcement.

According to Sgt. Sean Huls of university police, UMD's aggressive approach to underage drinking could be the reason for the dramatic difference in alcohol-related tickets issued.

"Our department is very proactive and enforces the state and university policies very strictly. We believe with active and aggressive enforcement we do save lives and prevent crime," Huls said.

University police focus its attention on what they call the shattered glass theory.

"If you handle the small problems, it prevents them from turning in to big things. Assault, theft, sexual assault, all of those types of crimes are often related to alcohol. Our numbers for assaults and sexual assaults are going to be lower," Huls said.

Crime statistics gathered from each of the universities work to support the UMD police department's shattered glass theory.

University underage consumption statistics

University	Underage Consumptions	Enrollment
UMD	420	11,366
Mankato	205	14,500
St. Cloud	142	17,686
Wisconsin Eau Claire	124	10,889
U of M Twin Cities	198	66,099
Green Bay	149	6,549
UND	102	12,470

Crime statistics compiled from 2008.

In 2008, UMD was the only school UMD was the only school among the six studied that had no forcible sex offenses. The University of Minnesota and Green Bay had the most with nine and eight, while once again, Mankato and the University of North Dakota came in second with two forcible sex offenses.

Although UMD's high numbers make it appear as though university police are on the prowl for underage drinking, Sgt. Huls said that is usually not the case.

"A lot of our calls are generated through 911 and a lot of our tickets are written in housing," Huls said. "If they get a ticket they drew attention to themselves. We aren't out looking."

Huls said that a ticket is not given out every time a minor is caught drinking.

"We use a variety of factors to decide if we issue an underage consumption ticket or not. Attitude, behavior, and cooperation are all factors."

Increase in burglaries suggest extra caution

BY VERONICA WILSON
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Duluth police are reminding students to lock their doors after a recent increase in burglaries in homes around campus.

According to university police, there have been four burglaries in recent nights and three of the homes were college rental properties.

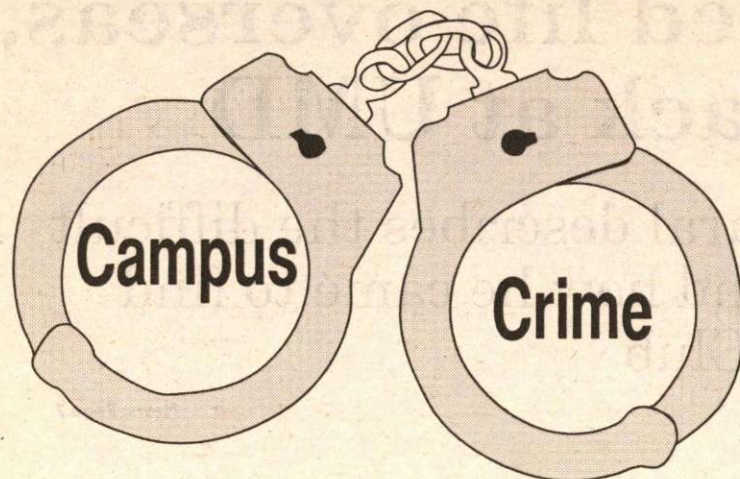
All of the homes were occupied at the

time of the break-ins university police said.

The Duluth Police Department is currently investigating the burglaries to see if there are any similarities or trends.

University police would like to remind all students on and off campus to lock their homes even when they are home.

Any suspicious behavior can be reported to Duluth police at 218-730-5160.



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Dancing to the drums of diversity

BY MANDA LILLIE
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On Nov. 12, the sounds of drums and singing will fill the Kirby Lounge when a Native American Drum and Dance Exhibition visits campus. The event is scheduled to start at noon.

The American Indian Science and Engineering Society (AISES) and the American Indian Learning Resource Center have brought together a group of high school students, as well as UMD faculty members, to perform traditional Native American song and dance from the Anishinaabe, or Ojibwe, culture. The students are visiting from Deer River High School and the Bug-O-Nay-Ge-Shig School, both from the Leech Lake Reservation. The performances are all unique, with their own regalia and history that will be explained at the exhibition.

Aliina Charging Hawk, pre-pharmacy student and AISES president,

hopes that the campus benefits from the event.

"I really want to be able for the UMD students here to take away a positive look on Native Americans and their culture," she said. "And I want these kids to see that they can be a college student."

This day is not only about students on campus learning more about a new culture, but also an experience for the performers as well.

"For some reason Native American children don't enroll into college," said Charging Hawk.

In order to participate, the students were required by their schools to obtain a certain grade point average. Before the performance takes place they will meet with UMD faculty and students as well as students from the College of St. Scholastica and UW-Superior. This is a chance for them to ask questions about college life and the experiences these students have had. According to Charging Hawk, the ob-

ject of this pre-performance meeting is to give confidence to the students to consider education after high school, and increase the number of students from reservations who attend college. Also, the goal is to demonstrate to the student that they can still be a part of their native culture while attending school.

"We just want to basically show them they have more options," Charging Hawk said.

Coming to this event will not only be a chance to see and experience another culture but also demonstrate support of a campus that accepts and contributes to their students with varied backgrounds, cultures and beliefs.

"Everybody's an individual no matter what and this is our culture," Charging Hawk said. "It's a beautiful thing to see, it's amazing."



ALIINA CHARGING HAWK/SUBMITTED
Junior Brave Travis Cloud will be performing Thursday.

Alpha Phi Omega resigns from Greek Life

BY KARLI MILLER
mill3723@d.umn.edu

Drama erupted in the world of UMD Greek Life after Alpha Phi Omega (APO) resigned from the organization. Being one of the oldest fraternities at UMD, Greek Life didn't exist when APO first started. APO plans to be their own organization as they once were. In their opinion, it would be a positive change.

"One fifth of our national dues is for Greek Life, and the amount of dues we pay doesn't benefit us. We can do what Greek Life does, the PR [Public Relations] and organizing, for ourselves," Phil Gill said, senior President of APO.

Not everyone seems to hold this opinion. In fact, some think that APO's departure will be negative for the group.

"I think that they are only hurting themselves. They got 10 [new] guys this year recruiting through Greek Life, what is going to happen to their number without Greek

Life?" senior Bryan Lamb said, a member of Tau Kappa Epsilon (TKE).

After APO announced their resignation from Greek Life, more controversy was stirred up when the other groups wanted to kick APO out of the Greek Office. The office is a hang out place where the members can study and socialize. It is also the place where meetings and events are planned. After a 10-2 vote, APO was officially kicked out of the office and all the group meetings.

"To me it's black and white. You quit Greek Life, you shouldn't have access to the office," Lamb said.

The lease created for that office confirms this, and says that only members of Greek Life can access the office.

APO's decision to leave Greek Life wasn't entirely about paying the dues they didn't benefit from. It also dealt with the way the organization was run.

"Greek Life needs to take an in-depth look at who they are and what they want to be as an organization," senior Josh Gillson said, a

member of APO. "The Greek Counsel has control of all the funds, and often spends it without consulting the rest of the groups."

APO has been in hot water with their national chapter. As a coed fraternity, APO is expected to include both males and females in the frat. However, the frat remains one of the few left on campus with only male members, creating a huge problem for APO. However, APO has made it clear that breaking away from Greek Life will help solve this problem.

"The office keeps us in a bubble, now we hang out in the game room, more out in the open. This will give us a chance to communicate and socialize with everyone and hopefully get some females to join," Gill said.

In the end, many people are sad to see APO leave Greek Life.

"We want them to stay, everybody wants them to stay. We'd rather see Greek Life grow than get smaller," sophomore Brad Bedford said, a TKE member.

Although there has been some tension

among the groups, the last thing APO wants to do is create tension with the other groups involved.

"We host so many service projects with the other Greek Life groups, the last thing we want to do is harm or cut ties with them. Us leaving is not personal, it's just how Greek Life is run," Gillson said.

Despite what the other groups think, Gill doesn't feel that leaving Greek Life will hurt them. In fact, he thinks that it has only made their group stronger.

"Leaving Greek Life has created this spark that has motivated us to get out there and really make a change. It pushes our members to be a leading force, and not have Greek Life as a safety net. It has brought us closer as a group," Gill said.

Only time will tell whether or not APO leaving is a positive or negative thing. In the end, APO will start their new endeavor without Greek Life, and Greek Life will move on with one less member.

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<http://www.d.umn.edu/ieo/iew.htm>

International Taste of UMD

International Film Series

Study Abroad Photo Contest

Salsa Dancing

Presentations & Speakers

UMD Around the World

November 16th-20th

2009



**Veteran's Day
March and City
of Duluth
Ceremony with
UMD Veteran's Club
Nov. 11 9:30 a.m.
beginning at
Armory
FREE**

**Drum &
Dance Exhibition
Nov. 12
12-2:30 p.m.
Kirby Student
Center Lounge
FREE**

**International
Taste of UMD
Nov. 14 2 p.m.
Hope United
Methodist
Church
301 W. St.
Marie St.**

**"Body Love,
Size, Acceptance
& Health At
Every Size"
Nov. 18 12-1 p.m.
SKirby Student
Center 268
FREE**

**CHUM "Renter's
Unite" forum
Nov. 17 5:30 p.m.
Harrison Community
Center
FREE**



Betty's Top Five in Duluth

CLA students blanket Duluthians with kindness

BY KAITLIN PAULSEN
pauls478@d.umn.edu

Entering the world of college is never easy for a freshman student. They are placed in an environment where meeting friends is hard, and deciding what they want to major in is even harder. Luckily for incoming freshman, the College of Liberal Arts' CLA 1001 (Learning Community Seminar) incorporates learning and exploration to help undeclared students make connections and find their way through college.

Students who are enrolled in one of the 12 different Learning Community groups experience activities that are formed through the seminar class. Whether that activity is a study group, learning experience or social activity, students form connections and learn in a way they may not have had the opportunity to do without the seminar.

"It's a seminar that helps students get connected with resources, advising tools like Grad Planner and knowing their APAS, but the students also get to know about themselves. They will get more major and career exploration for going through the program," Michele

Hatcher said, the CLA 1001 Learning Community Coordinator.

A CLA 1001 class taught by Linda Grover and Teacher's Aide (TA) Joe Burch, a junior, made a strong connection with the Duluth community this semester. Grover's class decided that they would perform a community service project as one of their activities, which would help not only themselves, but also others in need.

Grover's class was separated into groups where they made tie-knot blankets for various organizations around Duluth. Among the organizations included were Safe Haven Shelter, the County Fatherhood Program Facility, ISD 709 Habitat Program, and others. The students chose where they wanted their blankets to be delivered and Grover, who is involved with many of the organizations, brought them there.

"I think they had fun working together and getting to know one another, as well as doing something nice for another person in need," Grover said.

"We thought it was a nice thing to do," said freshman Andrew Palmer. "I hope they feel like someone cares about them."

While completing their commu-

nity service project, students in the CLA 1001 course also had fun with one another. Burch remembers how hesitant the first-year students were initially; but later on, the students were able to make close bonds after their experiences.

"We went to the haunted ship, plus a bus trek. We ended up missing two busses, but we made it," Burch said.

Students that took the seminar said it was beneficial for college in a number of ways.

"We made good friends and went to study groups together because we have the same classes," freshman Michelle MacBride said, "The class helped me to decide to major in accounting and minor in marketing."

CLA 1001 does not go for the full semester, so students will be having a sort of graduating ceremony on Nov. 18 for completing the program.

"The ultimate event is a massive group event and we're calling it the CLA 1001 Ultimate Game Night Challenge. Every student who has participated in a Learning Community is getting together. We're going to have tug of war, the balloon blast, we're having spoon pong, etc. and every group is competing," Hatcher said.

Nearly 300 students are expected to participate in the Ultimate Game Night Challenge and will be held in the Romano Gym from 6 p.m. to 8 p.m. on Nov. 18. Twelve TAs are helping to organize the

event.

"Each TA will lead a game and they are very enthusiastic. They want to see their students have some fun," Hatcher said.

The event will celebrate the ending of their seminar, but it will also mark the beginning of the rest of the freshman students' journey through college.

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October 19, 2009

Facilities Management Snow and Ice Control Goals for Winter 2009-2010

UMD Facilities Management is committed to providing safe access to and exit from the campus without causing unnecessary harm to the environment. To this end, we will strive to reduce the effects of snow and ice as quickly and effectively as our resources and the unpredictability of Minnesota winters will allow. We know that we cannot clear snow and ice from every entrance and walkway by 7:00 A.M. following a storm, so we have identified priority entrances to receive our earliest service.

Please review and retain the attached map to locate the priority entrances. We ask the campus community to use these doorways to enter and exit, for maximum safety during and after a storm.

GOAL ONE:

By 7:00 A.M. on the day following a snow/ice event; all parking lots will be accessible and open.

GOAL TWO:

By 7:00 A.M. on the day following a snow/ice event; A passable walkway will be provided between the nearest road and the priority campus entrances which serve the Academic buildings. Additional care will be given to clearing power assisted entrances. (See circles and triangles on map. Triangles identify power assisted entrances.)

GOAL THREE:

Within 48 hours of a storm's termination, secondary entrances to campus buildings will be cleared.

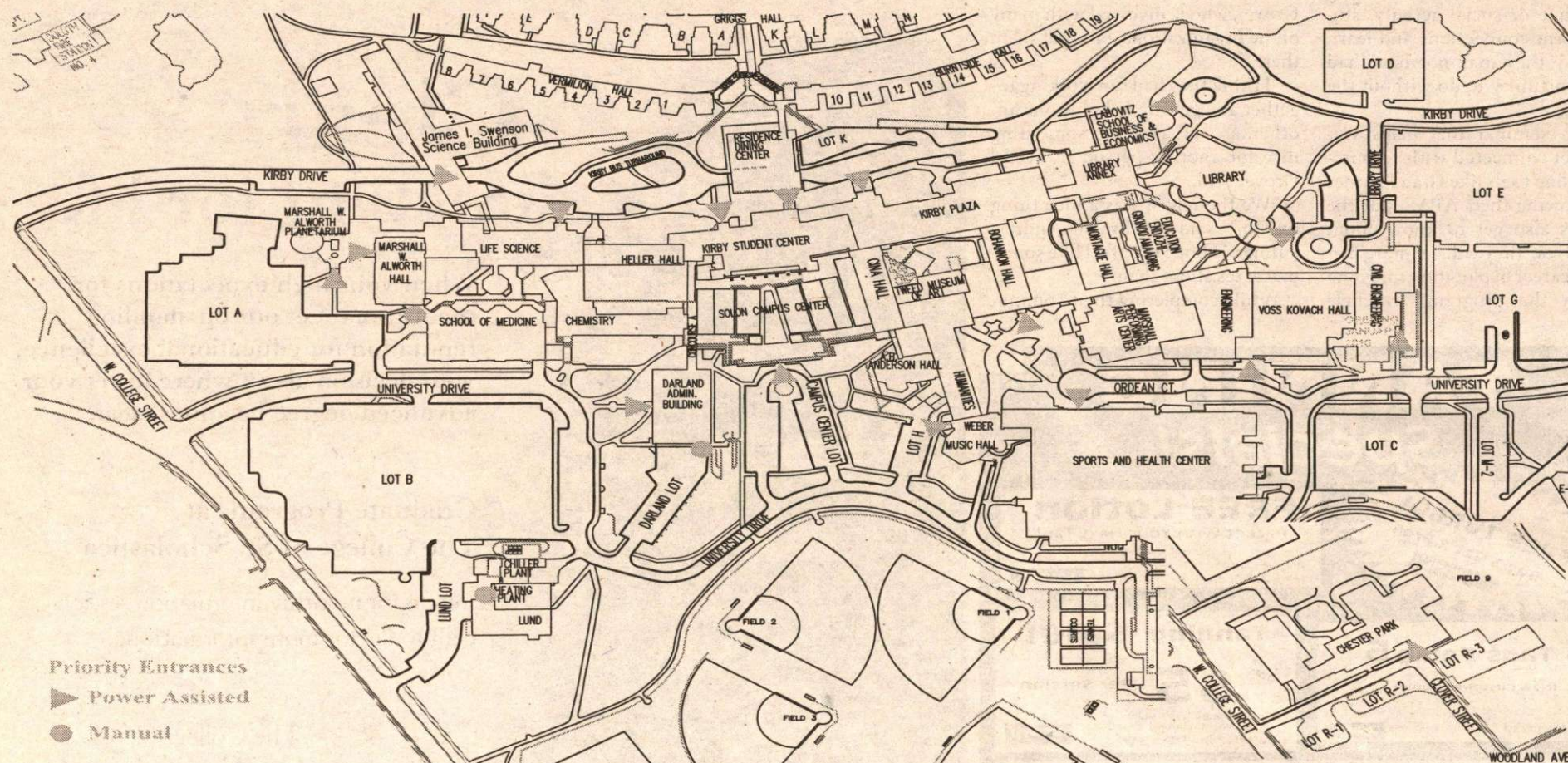
GOAL FOUR:

Within 72 hours of a storm's termination, all exits will be cleared to the closest public way.

ICE STORMS:

In the event of an ice storm, Facilities Management will de ice the campus in the most timely and efficient manner possible. Ice conditions may make it necessary to de-ice entrances in a circuit route rather than in priority order shown on map. Please always be alert for slippery walkways and use proper footwear.

NOTE: The severity, duration and timing of the storm will impact our ability to meet these goals. Problem areas should be reported promptly to Facilities Management at (726) 8262. Parking lot concerns should be reported directly to Parking Services at (726) 7433.



University of
Minnesota Duluth
Facilities Management
241 Darland Administration Building
10 University Drive
Duluth, Minnesota 55812-2496
218-726-8262

Priority Entrances for Winter 09-10 Snow and Ice Control Academic Buildings

Project	Maintained by
Scale	Facilities Management
Not to Scale	Contact
Date	Erik Larson @ (218) 726-6915
10/26/09	CAD dwg file
Sheet	L:\Map\UMD\Civil\Site\Storm
1 of 1	

Through the eyes of a UMD veteran

BY DOMINIC AMARAL
For the UMD Statesman

Baghdad, Iraq 2005.

We would approach the place in the middle of the night, silently. After all, we didn't want everyone to know we were there. I remember looking at my team members. I give a hand signal, and we double-check our weapons. My heart was racing, I could feel it against my body armor pumping what felt like hot water running through my veins. Another signal and a silent count of three. Luis' boot crashes against the door, taking it off the hinges. We rush in, it's loud, it's chaotic, it's just business...

Veteran's Day was originally called Armistice Day to celebrate the end of hostilities of the World War I. World War I was referred to as "The War to end all Wars." Unfortunately that last part didn't work out so well. Later it involved veterans from many wars up until the present day Afghanistan and Iraq conflicts. It's on days like today when I see all those flags up, that's when it hits me. Today I'm going to allow my mind to wander, maybe walk a little slower to class. Heck, I might even show up late to Geography: consider this my warning.

I served in Baghdad for two and a half years total. I walked the streets, kicked doors in, you name it I probably did it. In those types of situations you don't exactly have a given job, you kind of do whatever is needed. The most amazing thing was how much I relied on the people I served with. We all relied on each other. When things got hectic, we counted on each other to do the right thing. It was the way it was and the way it is. Good times and bad we were all in it together and nothing was going to change that. You could swear and get mad all you want. It doesn't make the 5,832 miles between you and home get any closer. The people around you will help you pass the time quicker. When you have a problem you can't just make a phone call and discuss it with someone back home. Nope, if you're lucky like I was, it's going to be a guy with a diploma from Two Harbors High School. My support network was a guy who could talk about cross-country skiing back home, while in the real world it was a buck thirty out.

When I came home and my time in the Army ended, I found myself in an interesting position. I didn't want to be in the Army anymore, I was tired of Iraq and all the loud noises that came with it. I just wanted a normal life, with a normal haircut, and maybe go to college eventually. Then it hit me, I didn't know what a normal life is! For seven years, all I knew was the Army. I was getting lost wandering around looking for A.B. Anderson Hall, but I can navigate through South Baghdad like a local. I can't for the life of me make a good-looking PowerPoint slide, but I can splice an iPod into the communications system of a M1 Tank. The hardest part I suppose was honestly thinking, "How do I ever explain this to someone? How do I explain what I did before I came here to someone wearing a shirt that says 'SENIORS RULE 08!'" Sometimes you need people to identify with. It would be cool if they did, then maybe I wouldn't feel like I'm from a different planet. Did I mention I'm from Rhode Island?

Ginger Johnson, our GI Bill official extraordinaire, pointed me in the direction of the UMD Veterans Club. At first I was a bit skeptical, not sure if this was "my" crowd or not. Two months later, I talk to some of these guys and girls like I've known them for some time. We all have a history of service in common. Something that even the members continue until this day. While no one wears a uniform anymore, they still manage to keep the faith. The organization itself is only two years old and made up of members who have either served, or continue to serve within



DOMINIC AMARAL/SUBMITTED

Dominic Amaral serves his country on Baghdad soil in 2004.

the National Guard or Reserves. The core membership is about 20 active members who try to dedicate whatever time and energy a busy college student can muster into building a functioning organization. Along with them they bring a sense of camaraderie, which is essential for any club to work. So far they have managed to perform upwards of 100 hours of community service and are constantly planning the next fundraiser. Club members can be spotted across town cleaning up the beach area from time to time and bagging groceries at Cub Foods on Nov. 23. Before the semester closes out for the holiday season, the club will also be selling tickets to an all-you-can-eat pasta dinner held in partnership with the local VFW held on Dec. 10. Tickets are \$6 and anyone looking to score some food or wanting to help out should contact the club.

Within the Veterans Club I found a great organization whose basis for operating has always been service. Somewhere along the way, each one of these people stood up and voluntarily said, "Send me." It is that same sense of service to each other that even though we are not walking through the streets of Baghdad, or the rugged hills of Afghanistan, we are still in this together.

What the Veteran's Club can do for you

-Need to decipher the algebraic mailing address a deployed family member? Or maybe send a care package to deployed troops? Stop by, that's their specialty.

-Got a paper to write or a lecture to give on what they call "Iraqistan?" Need some first-hand input? Chances are there's someone who could give you some input.

-Want to find an opinion on policy or argue current events? Not going to happen, that's not what they're here to do.

Veterans find a home at UMD

BY EMMA FROMBERG
fromb008@d.umn.edu

The UMD Veteran's Club started last year, yet they are a tight-knit group who meet weekly to volunteer in the community or to go out and get drinks together. Of the roughly 140 veterans and their dependents that go to UMD, around 40 go to the meetings each week.

"Part of the reason why I started this last year was to get integration between people, I didn't know anyone when I got here," President David Warner said.

The group will be tabling this Wednesday from 10 a.m. to 3 p.m. outside of the UMD Bookstore for Veteran's Day, selling nachos for a fundraiser. They hope to recruit more members for the club, whether they are other veterans at the university or just people who support the troops.

"Most people don't realize that there are actually UMD students who've been to war," said member Artur Czepczynski.

Besides serving our country, these veterans have contributed to the local community as well. They participated in the Great Lakes Aquarium's Beach Sweep this summer, will be participating in the Veteran's Day March and are looking for more service opportunities this fall.

"We're a service of the people," Warner said.

Ginger Johnson is the advisor for our veterans, setting up their financial aid under the post 9/11 G.I. Bill. There are six different chapters of the bill, so financial aid differs between whether they've been on active duty or if they have dependents or not.

Besides financial benefits, they recently got their very own room in Montague Hall to socialize in and hang out in between classes.

"We were very surprised and very happy to find out we were getting a room," Sarah Dronen said, vice president of the club.

The Carlton County Veteran Foundation donated couches and recliners for the room, and members can go there and hang out any time they want. The group says any other donations are welcome.

The club has been a successful way for the soldiers to reconnect with the community and each other.

"After all those years of doing crazy things and jumping from planes, it feels good to be in the academic setting," said 42-year-old member John Haymond.

Call them nerdy, but call them by their Gamertag

BY ADAM WHEELER
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Three young men sit outside the Burning Tree Plaza Duluth Gamestop at 8:15 p.m. They brought their own fold out chairs and their homework; they knew they weren't going to be attending much class in the near future after camping out until midnight to be the first to get their hands on the highly anticipated game, Call of Duty: Modern Warfare 2 (CoD).

There are few places in the world that you can go where people introduce themselves with first their legal name, then their Xbox Live Gamertag. There is even fewer places that you can get involved in a conversation over whether CoD is a better gaming franchise than Super Mario Bros. But, if there ever were a place, it would make sense that it is the midnight release of this game.

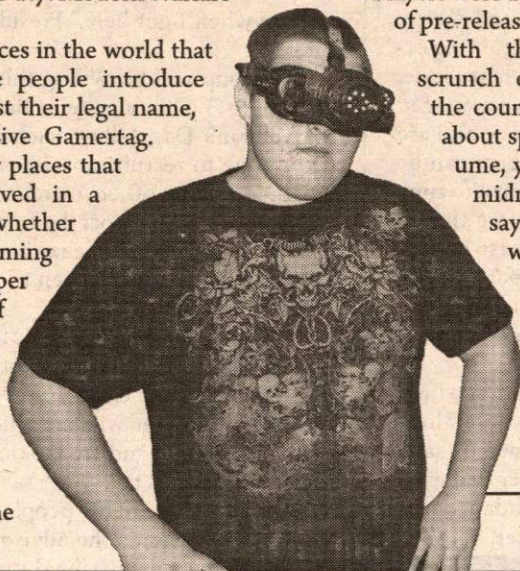
Just down the

hallway from this particular Gamestop is another huddled mass of people extending out the door of Best Buy. If you look across the street, you'll see more gamers waiting at Brag-GameRights. This is where the event became more of a circus than anything else. A Cirque Du SoLoser, if you will.

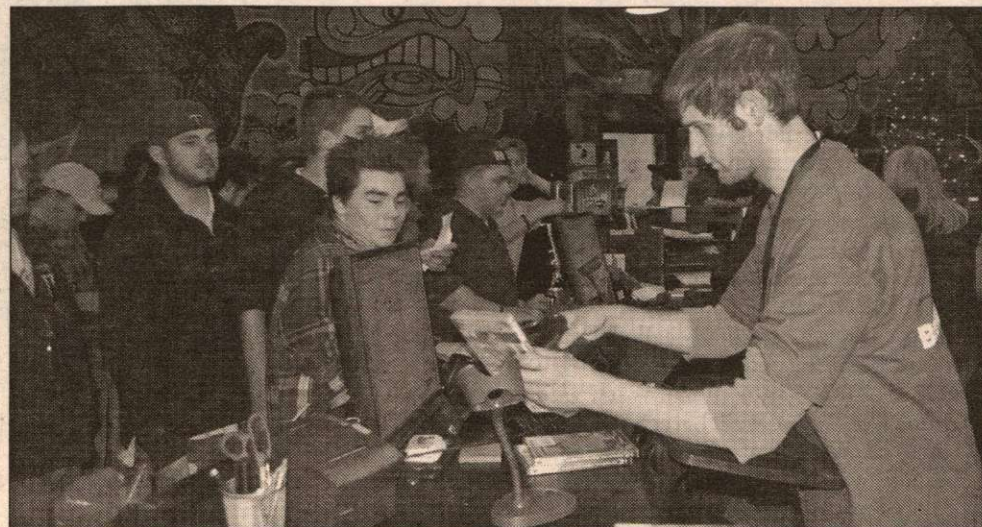
The interior of this particular video game parlor contained twenty booths with 42" HDTVs hooked up to all the newest consoles. Players were able to pay \$5 for an hour of pre-release gameplay.

With the lines seeming to scrunch exponentially closer to the counters and the arguments about spots in line rising in volume, you knew it was close to midnight. Before you could say "pwnd," the employees were scrambling to service their salivating customers.

People walked out of the stores wearing



Lendon Diler rocks some gamer equipment at BragGameRights Tuesday night where gamers swarmed to purchase the highly anticipated game, Call of Duty: Modern Warfare 2.



PHOTOS BY JARID WANIGER/STATESMAN

Gamers wait in line to purchase their copy of Call of Duty: Modern Warfare 2.

their brand new limited edition night vision goggles, which came with the game for an additional \$100, as they screamed "I got it!"

With all this hype, does the game deliver? The answer is a resounding "Not now, I'm busy," due to the fact that anyone that plays this game will not want to be distracted from one of the best gaming experiences in recent memory.

The game's multiplayer setting will have

you staying up entirely too late, just like Call of Duty: Modern Warfare 1. While the single-player campaign isn't the strongest portion of the game, it is easily worth more than one run-through.

If you own a console, buy this game. If you don't own a console, buy the console and then buy this game. It will offer you some of the most fun you will ever have holding a controller or sliding a mouse.

Video coverage of this story online at www.umdstatesman.com

you
me
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umd

What's in
your coffee
cup?

BY ALICIA LEbens
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With late night study sessions and early morning exams, some days we live off of a cup of coffee. That quick jolt of caf-

feine in our systems can give us that perk-up we need to get through the rest of the day. Whether you are a java junkie, an espresso snob or a coffee novice, do you know what goes in your coffee cup?

I spent the better part of my high school years as a barista in my hometown's espresso café. That sign above the counter can seem like it is in a different language, and most of the time it is! I'm here to help you decode your favorite caffeinated drink.

Running hot water through ground coffee beans makes your basic cup of black coffee. There is a dark roast, medium roast and a light roast; it all depends on how long the coffee beans were kept in the roaster to achieve the best tasting coffee. The light roast will have the highest amount of caffeine because it can burn off in the roasting process.

Espresso is the base of almost every other drink. The finely ground coffee is sandwiched between two screens, and a jet of steam extracts a thick, syrupy coffee. A good espresso should be dense and bitter, and have a crema: light brown foam on top.

A latte is just adding steamed milk to the espresso. When you steam milk, tiny air bubbles form milk foam on the top of the

milk. A cappuccino is half steamed milk and half foamed milk added to the espresso. A traditional macchiato is all foamed milk with espresso poured over the top.

A mocha is a latte with chocolate; a caramelized mocha just has caramel added to it. Flavoring in drinks comes from syrups. A flavoring and sugar are dissolved in water to make syrup. If you stop by the Northern Shore Coffee Shop on campus, a White Chocolate Pumpkin Latte is espresso, steamed milk, white chocolate sauce and pumpkin flavored syrup with a dollop of whip cream on top.

When it comes to calorie counting, a plain black coffee has the least with around five. The more things you add to your coffee, the more calories it will contain. A blended drink can have as many as 1,000.

Next time you stop to grab a coffee on your way to class, why don't you change things up a bit with a new drink in your coffee cup? You never know if you will stumble upon your next favorite. Do you have a favorite coffee drink? Do you have a relationship question or a favorite Thanksgiving recipe? Email me at lebe0051@d.umn.edu and let's meet up again next week, just you, me and UMD.

Skeptics find accepting forum at UMD

BY ADAM WHEELER

wheel228@d.umn.edu

A diabolical gathering takes place once every week here on the very campus we're all sharing. They skulk in the shadows and conspire to disprove what so many people hold close. In other words, a group of people gets together to talk about their beliefs, just like so many others do.

You probably haven't heard about them around campus and you probably haven't seen their posters in the hallways, because no one seems to want to talk about the UMD Skeptics Society.

The group describes themselves as a bunch of "atheists, agnostics and free thinkers." Their controversial advertisements were at one point all over the walls of the approved poster areas, until people took it upon themselves to tear them down.

The group more or less functions as a support group for the UMD non-believers. Senior Artur Czepcynski, vice president of the club, said that he had been thinking about making the group for a while. It took a run-in with an out-spoken Christian preaching on campus to finally convince him he had to follow through.

"There is no place for a non-religious person to go to be around people that don't associate themselves with religion," Czepcynski said.

The idea is that if Christians want to go see other Christians, they can just go to a church. If atheists want to see other atheists, they now have a place to go.

Their inception has come with considerable resistance, which is expected for a group that talks about Jesus being a "super zombie" in their meetings. Their posters being torn down has been frustrating for Czepcynski and company, but they are doing everything they can to get them replaced.

But, despite being rejected by many, they have no intention of retaliating in the same way that was done onto them. They welcome anyone who is interested in the group, even the believers. Czepcynski even said he would have no problem with holding a debate as long as things stayed civilized.

The meetings vary in agenda, the Skeptics have watched movies such as "Religulous" or "Jesus Camp," and have tackled discussion topics, such as the stories of when and why mem-



KAITLIN PAULSEN/STATESMAN

Atheists, agnostics and free thinkers gather to discuss belief and unbelief.

bers lost their faith.

The Skeptics of UMD have recently been approved as an official club on campus and are growing in number every day. There are currently 62 members in the club, according to their Facebook page, after just starting this semester.

According to Czepcynski, they are the last branch of the University of Minnesota schools to have a club such as this. They

are currently working on expanding membership and getting their message out to students around campus.

And what is their dark and grimacing message? When asked about what they were trying to accomplish with the club, Czepcynski said, "We're here for people to talk to."

QASU's Fall Drag Show was fierce and fabulous

BY HOLLY NELSON

nels5805@d.umn.edu

This past Saturday, the Queer and Allied Student Union (QASU) held the highly anticipated Fall Drag Show. This show in particular contained almost 30 acts that lasted over three fabulous hours.

Natalie Klueg, the emcee of the event and member of QASU, was wonderfully witty and eased any tension of "drag show virgins" attending the event.

Klueg began the show by explaining what to anticipate during the acts, such as tipping,

dancing, and "fiercing," referring to the performances on stage.

On a stage decorated in rainbow-colored streamers and balloons, the acts contained performances by Drag Queens, Drag Kings and sometimes a duet by both.

The audience consisted of students and community members from all over the sexual orientation spectrum, as Klueg gauged during the performance.

The Phi Sigma Sigma girls attended the event, as they have attended every one of QASU's Drag Shows for the past number of years. Klueg even thanked them for their support and referred to them as a "herd of

fabulous."

The hard work put in by Chair Julian Vela, Program Coordinator Travis Mills and the rest of the group was to achieve the club's goal for the event: A way to bring awareness to the community.

"The importance of the event as a way to educate about gender and that gender is a form of expression and there's no right or wrong way to do it," Klueg said.

"The Drag Show is simply a celebration of gender."



SADIE TOLLMAN/SUBMITTED

Natalie Klueg and Arielle Schnur give a condom demonstration during the show.



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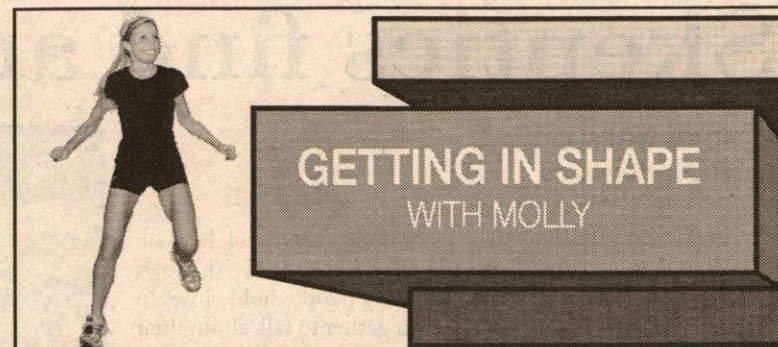
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Superfoods: Eat better, live better

BY MOLLY FORKRUD
forkr004@d.umn.edu

Did you know there are certain foods that can have an immediate effect on your daily well-being? Often times, these are referred to as the "superfoods." A healthy diet incorporating a variety of the following 14 superfoods will help you maintain your weight, fight disease, and live longer:

1. Beans: The more you eat, the more you'll LIVE. Beans will help level your blood sugar and give a sense of being full, keeping you from overeating.

2. Blueberries: Loaded with antioxidants, these low-cal berries will keep your immune system strong. Add them to yogurt or oatmeal for a great breakfast.

3. Broccoli: Packed with vitamin C and calcium. Your mom was right when she forced you to eat it with your dinner.

4. Oats: Oatmeal has been long-known for helping with heart disease, blood pressure, and cholesterol. A quick, easy, and cheap breakfast.

5. Oranges: Get that vitamin C. Opt for the real orange over a glass of OJ. The real version has 10 times the dosage of vitamin C.

6. Pumpkin: Tis' this season! Pumpkin has carotenoids, which help fight aging. They're also loaded with vitamins and iron.

7. Salmon: Fish of any kind is a great source of protein. As a rich source of omega-3 fatty acid, salmon provides us with "good fat," which most of us need more of in our daily diet.

8. Soy: It's the total package--rich with vitamins, minerals, plant-based omega-3s and disease-fighting phytonutrients. Try a soy protein shake, soy nuts, or try soy milk in your cereal.

9. Spinach: Any leafy green vegetable has benefits--beta carotene, vitamins B, C and E, calcium and magnesium. Try packing a spinach salad with a vinaigrette dressing for your lunch.

10. Tea: With zero calories, it provides relaxation and has been linked to heart health and lowered blood pressure. Have a relaxing cup while you study. But sorry, the McDonald's sweet tea won't do the trick.

11. Tomatoes: Not only are they packed with vitamins, tomatoes are strong disease-fighters. They help fight cancer and heart ailments. Be sure to go for the real deal, not just Ketchup form.

12. Turkey: A low-calorie deli meat and an excellent form of protein. Try a turkey sandwich or wrap piled with other veggies.

13. Walnuts: Nuts are one of the best high-protein snacks. The fiber and protein will keep you full, and the plant sterols help with cholesterol. Careful though, you don't need more than a handful, as nuts can be high in calories.

14. Yogurt: Keep your digestive system on track with a cup of yogurt on a regular basis. With probiotics, it helps promote gastrointestinal health.

Notice that the superfoods are all real, whole and unprocessed. You won't find anything boxed, wrapped or processed on the list. Stock up that grocery cart with all 14 foods next time you head to the store.

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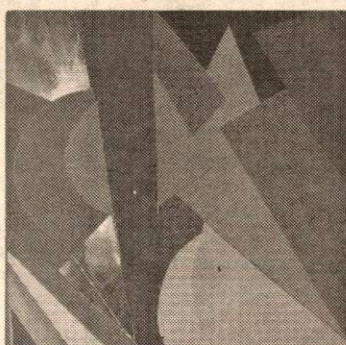
BY: JENNIE LENNICK
lenn0057@d.umn.edu

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- | | |
|--------------------------------|---------------------------|
| 1 Hockey | Mind Chaos |
| 2 Karl Blau | Zebra |
| 3 Kings of Convenience | Declaration of Dependence |
| 4 Islands | Vapours |
| 5 Think About Life | Family |
| 6 Neon Indian | Psychic Chasms |
| 7 Pains of Being Pure At Heart | Higher Than The Stars |
| 8 Alec Ounsworth | Mo Beauty |
| 9 Mary Onettes | Islands |
| 10 Free Energy | Free Energy |

ALBUM SPOTLIGHT

Artist: Neon Indian
Album: Psychic Chasms



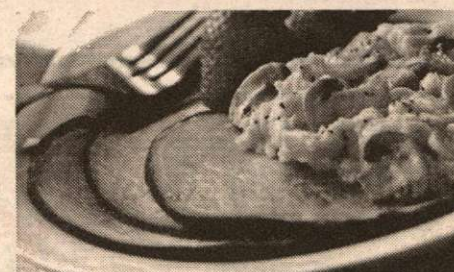
Neon Indian is the new project of Alan Palomo from VEGA. Throughout the last 6 months, most of the tracks off of the new album "Psychic Chasms" were available via mp3 download, which created a stir even before the album was released. With Alicia Scardetta's videos as a backdrop for his live shows, Palomo has created more than just a musical experience but a multimedia project. Mixing low-fi, analog sounds with danceable electronic beats, Neon Indian's chill album is the perfect companion to combat the winter blues.

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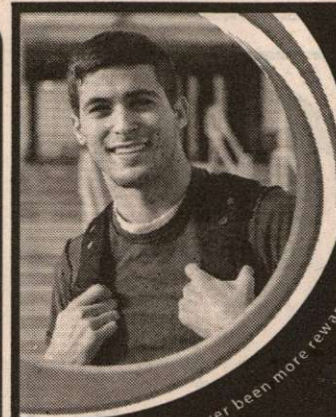
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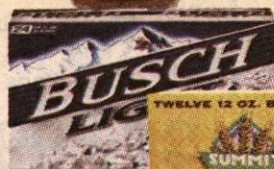
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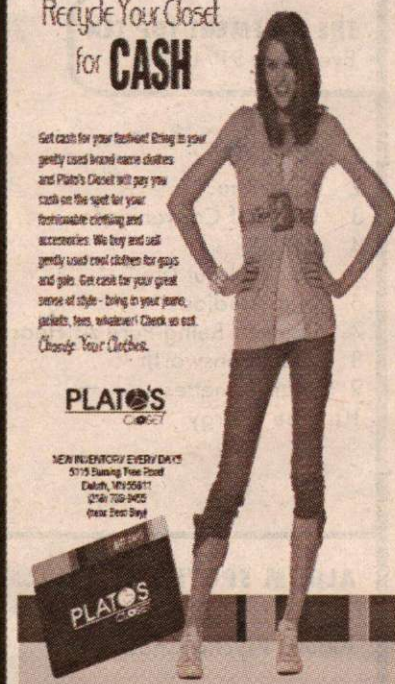


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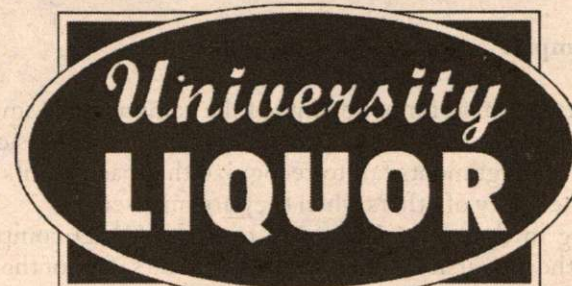
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Letters to the editor can be sent to: cowar006@d.umn.edu.

OUR VOICE:

Poor practice of constitutional rights

Local example:

While it may seem fit for opponents of the campus-wide smoking ban to argue that the university is stripping them of their basic right to smoke, those arguments fail to recognize that basic rights often impede on the safety of others when they are misused.

By sticking to their initial decision to make UMD completely smoke-free, the university will be standing by the safety of their faculty and students, a good decision. The university's intention is to promote a healthy university; it's not the beginning of a conspiracy to slowly chip away at your rights notch by notch.

As citizens of the United States, we are all guaranteed constitutional rights, but it is up to every individual to decide how those rights are best put to practice. Arguing with a university for looking after your health and safety does not seem like the best way to practice your constitutional rights.

National example:

In New York City, radical Muslims like Yousef al-Khattab preach the justification of 9/11 attacks on our nation and the killing of U.S. troops overseas. Their ideals are obviously detested by the heart of the United States but they have the constitutional right to do so, ironic as it may seem.

Just because we are granted a plethora of rights under the constitution does that mean we should use those very rights as a weapon against our own country?

Sure, it's crucial to a democratic society to test the government by means of the first amendment, but using those rights to create a culture that promotes the upheaval of citizens against their own people doesn't seem logical. It's simply a poor practice of the rights we are all guaranteed.

-David Cowardin

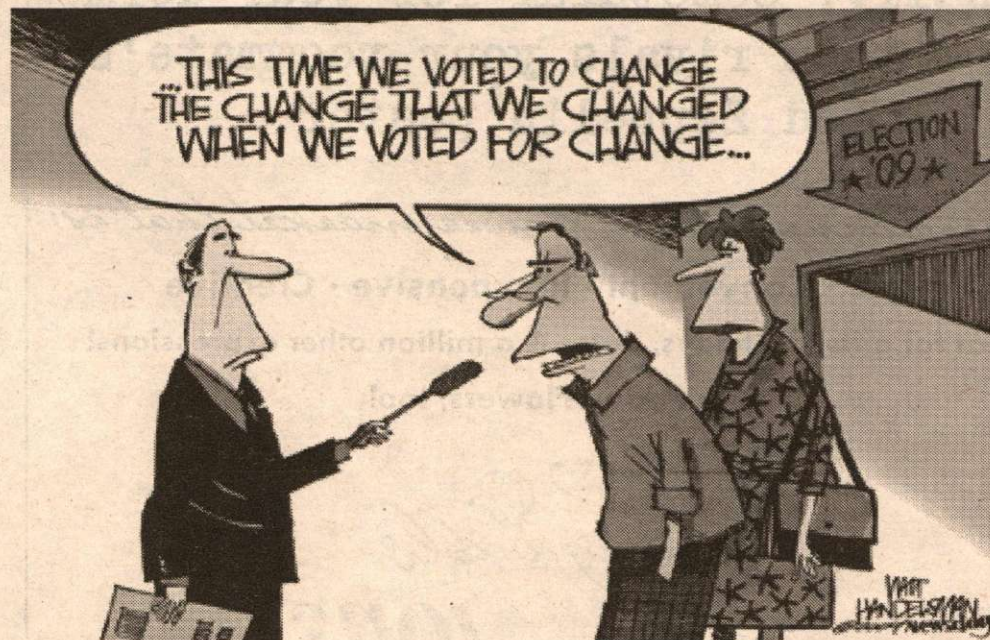
UMD STATESMAN

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Letter to the editor: Stay smoke-free UMD

Why I Support A Smoke-Free Campus At UMD

Being a student at UMD, my health and safety is a top priority. Students in any academic building should never have to feel like their health is at risk. I have been a student here for four and a half years now, and unfortunately I feel that my health has been compromised. I am one of many who have asthma; I was born with it, and have dealt with it for 22 years. My asthma has been getting better as I get older, however, it has been steadily getting worse since attending college. Many things can trigger asthma, and for me the two main triggers are cigarette smoke and cold air. I can think of at least 10 instances, this year alone, when I had to use my inhaler before class because I inhaled secondhand smoke coming into school from students smoking next to the entryway.

It is truly infuriating to see people like me suffer as the result of other people's poor habits and addiction. Currently there are 365 campuses in the U.S. that are entirely smoke free, with 12 of them in Minnesota. If UMD followed through with its policy and made sure that the campus was 100 percent smoke free, it would without a doubt benefit everyone's health.

Smoking Forum: My Overall Thoughts

I feel this forum went well, but I still feel that UMD has a long way to go. It was comforting to see all the people who supported the no-smoking policy. A lot of thoughts arose for me during and after the forum. The most important topic that I want to address is people's rights. The two people in opposition of the smoking policy brought up the idea that smokers have the right to smoke. Now even though I am in favor of a smoke-free campus, I understand that this transition may be

hard for smokers. I understand that many smokers are addicted. In America, people have rights and I respect other people's rights, but I believe rights are turned into privileges once they interfere with someone else's rights. In other words, breathing in fresh, clean air is a right that every human being owns. This right cannot be taken away from any other individual. When someone's right to smoke interferes with my right to breathe clean air, smoking becomes a privilege. One's privileges can be taken away, but one's rights cannot. It is a privilege to be at UMD in the first place, and it is an even bigger privilege to be able to smoke on campus; however, this privilege to smoke on campus should be taken away so that everyone's right to breathe clean air is untouched.

Conclusion

The forum was a good stepping-stone towards a healthier UMD and I truly hope that this university realizes the importance of a smoke-free campus and the health of the student body. I will continue to support a smoke-free campus no matter what the university decides to do. This fall, The Great American Smoke-Out on Nov. 19 will be a great way to show support. This event takes place annually in efforts to help smokers quit smoking for one day. Nonsmokers are also welcome to come, especially if they know someone who wants to quit. I think everyone should come to this event and I am hoping many UMD students, both smoking and non-smoking, will participate.

Benjamin Lee
UMD student

Opinion

Opinion Editor Mande Kuglin is at kugli005@d.umn.edu.

Drivers intoxicated with texting

BY ETHAN WALKER

walk600@d.umn.edu

LOL, BTW, OMG: These are three of the many "text-word abbreviations" that are popular in our culture today. The problem is that people are often texting phrases such as these while driving. In a study conducted by Nationwide Insurance, 10 percent of drivers between the ages 16 to 24 are on their phone at any one time. However, they are not the only age group on their phone in the car. Many adults also text while driving, and are often as inattentive as teenagers and young adults.

England has taken action on this issue by punishing drivers who text with fines and potential prison time for the use of cell phones while driving. But, should similar actions be taken here in the United States, causing texting while driving to become illegal? When the number one source of driver inattention is due to the use of cell phones, then laws must be put into place to correct such an occurrence. There is a justified need for such laws based on all of the collected facts.

Another troubling study done by the University of Utah showed that the distraction from cell phone use while driving delays a driver's reaction time to be similar to having a blood alcohol level of .08 percent. With these facts in mind, I believe that America



JOE OLIVIERI/STATESMAN

In a New York Times poll, 97 percent of people support the idea of a ban on texting while driving.

should follow England's footsteps in regards to the treatment of drivers under "the influence of texting." If a drunk driver causes an accident and kills another driver, that person can get serious jail time for what is known as a "gross avoidable distraction." In England, they have placed texting while driving in the same category as drunk driving. It is high time for

America to step up and take care of its citizens as well.

Recently, President Obama filed an executive order banning any federal employees from texting while driving. Now the rest of the government must step up to the plate. In a New York Times poll, it was found that 97 percent of the people surveyed support the

idea of banning texting while driving. Also, 50 percent believed that the punishment should be as severe as drunk driving. So if such a large number of people are on board for the prevention of texting while driving and the facts are there to support it, why have there been so many states that still have yet to enact any laws against it?

In actuality, it is difficult to enforce laws regarding texting while driving. The problem with trying to control and monitor drivers who are under "the influence of texting" is that there is no test such as a breathalyzer or blood test to determine if someone had been heavily texting while driving. The other argument is that a police officer cannot by law check your cell phone to see if you had just sent or looked at a text message; it is considered an illegal search and seizure. However, they can receive a warrant to search through your phone and phone records, but that takes time.

The fact remains, many people text while they drive. The fact remains that texting while driving causes major loss in attentiveness and has led to many car accidents and deaths. So, take a minute to think about how often you have been guilty of texting while driving and ended up missing a red light or swerved around the road. All it takes is one time to have something awful happen as a result of careless texting while driving. TTYL.

Reflecting on Obama's past year

BY MARK BOYLE

boyl0131@d.umn.edu

Since he first embarked on the campaign trail, Barack Obama, like all politicians, was full of promises. Given that promising is more or less the "industry standard" when it comes to campaigning, we are forced to make the tough decision of who to vote for based on which set of promises may best represent our ideals. And, this past week marked the one year anniversary since Obama was elected based on his promises.

As we reflect on the last year, it is important to consider the political honeymoon, a sort of grace period given for getting the ball rolling after a change in administration. Living in today's society, people want results and they want them fast. However, this is not a mindset in which to scrutinize the political system, because it simply does not work that way.

Obama's approval ratings have continued to drop since he was elected. This means that every day a visible change is not present, more Americans become dissatisfied with Obama's

performance. In my opinion, this comes from a lack of knowledge regarding the political system.

Within our government's complex system of checks and balances, the president's signature alone is not the golden ticket to change. For example, treaties regarding foreign policy are left up to the Senate to ratify with a two-thirds majority. This means that even though the Senate is dominated by democrats, the spread is not two to three, posing as a potential roadblock for Obama in efforts at foreign policy making.

Also something to consider regarding Obama's speculations about ending our wars overseas, is the fact that he is dealing with a problem he did not create. He is essentially cleaning up somebody else's mess. Regardless of our personal opinions about the war in Iraq, Obama has made it clear that he will do what he can to bring home our troops as soon as the situation has become stable.

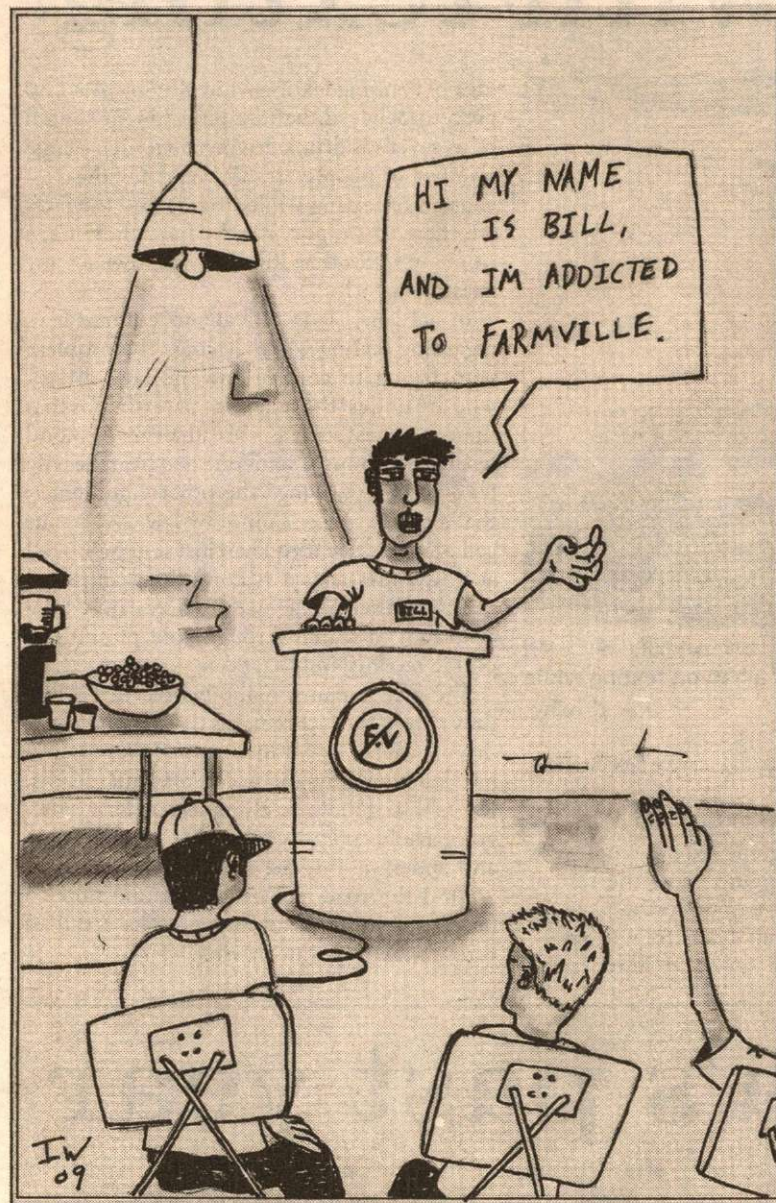
I will agree, however, that I have some skepticism regarding his choice to deploy additional troops into Afghanistan. It seems to contradict his previous standings on desires to de-

crease the amount of military personnel overseas.

A large statement was made by Obama because a large majority of those deployed are engineers, medical personnel and other skilled professionals. This shows his efforts to fight a different kind of war; a war against instability on a broader scale and the overall unrest of the situation. But, good intentions can be lost in the statistics. People who lack knowledge in the system and are only seeking to reap its benefits are quick to judge.

Finally, I must express my disagreement with Obama's choice to accept the Nobel Peace Prize. The wiser choice for him would have been to graciously decline the award. However, by accepting this award he has made the greatest promise of all. Regardless of what his administration accomplishes in the end and which groups of people they please, there is not reason enough at this point to abandon hope in the ideals that won him our votes only one year ago.

The first step to recovery
is admitting you have a
problem...



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WEEK'S STATESMAN.

COMIC BY:
Ian Welshons,
wels0124@d.umn.edu

Tenure system flawed

Focus should be on students, not research

BY ASHLEY KLEMER
klem032@d.umn.edu

Throughout my college career, I have wondered about the professors I interact with each day, namely tenured ones. How does tenure affect how a professor teaches? There are plenty of myths out there about tenure; some of them include that tenured professors don't work as hard as before, that the focus becomes research and not students, and that getting tenure is like being accepted to the good ol' boys club. However, these hot-button questions and myths are often unanswered because not many are willing to speak out for or against tenure.

First, getting tenure is more about your body of work than it is about the amount of years you have worked at a certain school. At UMD, a professor has seven years to become tenured. If it doesn't happen by then, it is very likely that that certain professor would be fired. So, it seems to me, that becoming tenured here is more about proving yourself and keeping your job than it is about becoming part of a club.

Another interesting aspect of being a college professor is the balance between research and teaching. To become tenured you have to do research. At a lot of colleges, like the University of Minnesota Twin Cities, the majority of undergraduate classes are taught by graduate teaching assistants because the professors are busy doing research in their given fields. This can be a concern for students because we pay a lot of money to go to school to be taught by certified professionals, not graduate students. But, this issue also concerns some professors.

"The biggest flaw in academia is that people are measured predominantly by their research instead of other contributions, which can be just as important," Ken Gilbertson said, associate professor for outdoors education. If professors could become tenured more on the basis of excellence in teaching rather than excellence in research then there would be more successful teaching occurring at universities. Not only that, but professors would not need to focus as much on obtaining tenure via research and have more time for students.

In fact, there is a school out there that has a similar system. Indiana University has a two-track system for becoming tenured: A teaching track and a research track. Restructuring the tenure system like Indiana would be beneficial for everybody, but most of all the students.

There are a lot of ways students could benefit from changes to the tenure system. The focus should really be less on research and more on teaching. The tenure system can be changed for the better though. "There is one big change that could be made here at UMD, and that is for tenure not to be measured so heavily on research, but for other aspects to be considered as well. After all, students are what drive the system. They should be the priority," Gilbertson said.

Tenure should not be eliminated altogether though, like many students think. Instead, it needs to be restructured so professors can either obtain it by excelling in teaching or in research. However, the focus should always be on students because, like Gilbertson said, we drive the system. Without us, professors would not have a job.

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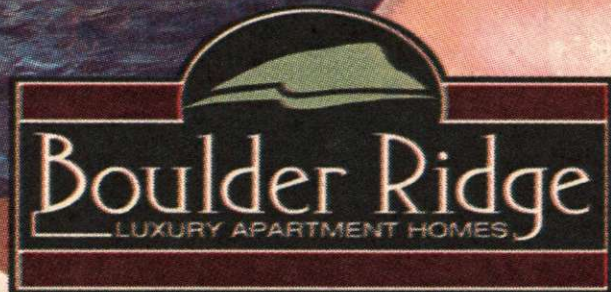
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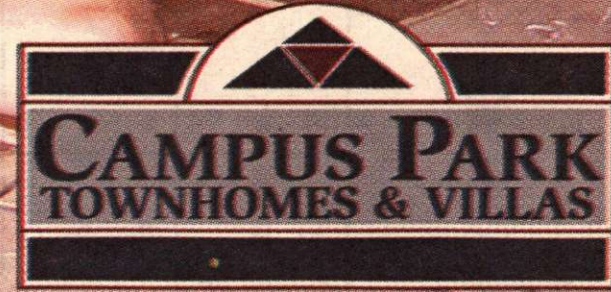
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**PUZZLE ANSWERS
ON PAGE 28**

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

1	2	3	4	5	6	7		8	9	10	11	12	13	14
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Across

1 King overthrown by William of Orange
8 Breaks out
15 Conversion gadget
16 Was humbled
17 Dennis the Menace's neighbors, with "the"

18 "Told you!"
19 Zen enlightenment
20 Certain theater, for short

21 Berkshire school
22 Carmen, for one
25 Bad start?
28 "___ for Evidence": Grafton novel
29 Fork in the road
30 Caribbean cruise stop
33 Inexpensive kids' toy
38 Maker of many jets
40 Asmara is its capital
41 One in a box
43 Nutritious beans
44 "I'm so clever" sound
45 Big affairs
47 Classic Jag

48 Spinach is high in it
54 U.S. dept. with a windmill on its seal
55 Robot play
56 Company with a kangaroo on its logo
60 Daydream

62 Decay, as pipes

63 "Sleepless in Seattle" studio

64 One who aches

65 Party leader

66 Brisk, to Brahms

Down

1 1975 thriller shot largely on Martha's Vineyard

2 1998 Sarah McLachlan hit

3 Brewer's supply

4 Derby town

5 Supply

6 Create charged particles in

7 Org. that gets a lot of returns

8 Uncomplicates

9 Short stay

10 Belgium winter hrs.

11 Didn't deviate from, as plans

12 Michelangelo masterpiece

13 Former Tennessee Titans tight end Kinney

14 Court figure

20 Santa __: Sonoma County seat

23 "Shh!"

24 Sprites of Persian

mythology

25 Some mil. brass

26 Give __: care

27 Fortune founder

31 Romania's capital

32 Ancient Valley of Mexico native

34 Dallas Mavericks owner before Cuban

35 Antelope that often has nearly upright horns

36 Pipe problem

37 Cut with light

39 Golfer Babe who was a six-time AP Female Athlete of the Year

42 It may be fishy

46 Film follow-up

48 Distance maintained between vessels

49 Hot time in Chile

50 "The Hustler" author Walter

51 Who's sorry now?

52 Vocally twangy

53 Between: Fr.

57 Half a patio pair

58 "Violin Playing as I Teach It" author Leopold

59 Houston pro, locally

61 66, e.g.: Abbr.

62 Knotted pile carpet

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Wonky:

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Outdoors Editor Scott Schmidley is at schm1999@d.umn.edu.

Local farming for the community

BY EVIA KOOS

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To hear about a family that runs their own farm in the 21st century is highly uncommon, especially one that provides local, sustainable products like fresh cheese to your own community.

The Hedquist family Green Pastures Dairy Farm is located 32 miles south of Duluth and covers 160 acres, 40 of which are open grassland for cattle grazing.

Launching into the dairy business in 1981, the Hedquist family left behind their lakefront home in search of a life that pushed them outside of their comfort zone: A farm life. "Transitioning to a dairy farm required significant effort, hours of sweat, tears and plenty of knowledge built along the way," said cheese-maker Joy Hedquist.

They started with seven milk producing cows in 1985, and after plenty of research and planning, the Hedquists made the leap to grass feeding for their cows, a shrewd decision for many reasons. To raise cattle exclusively on grass-feeding is both cost effective and beneficial to production as it causes the cows to produce more nutritious milk. Grass farming is better for the soil too because it results in less erosion and maintains the soil's essential minerals.

The profit margins for selling milk alone were not enough to make their living—at profits less than \$1 per gallon—so they started to make cheese in 2001. "Cheese is the biggest money item," said Hedquist, though they still sell the raw milk in small amounts to their closest customers and around the neighborhood.

When the milk is brought in for cheese-making only 10 percent of its volume is actually consolidated into cheese. About 90 percent of it goes back out in the form of whey. And just like in the old days, the Hedquists feed their pigs with whey byproduct, because of its



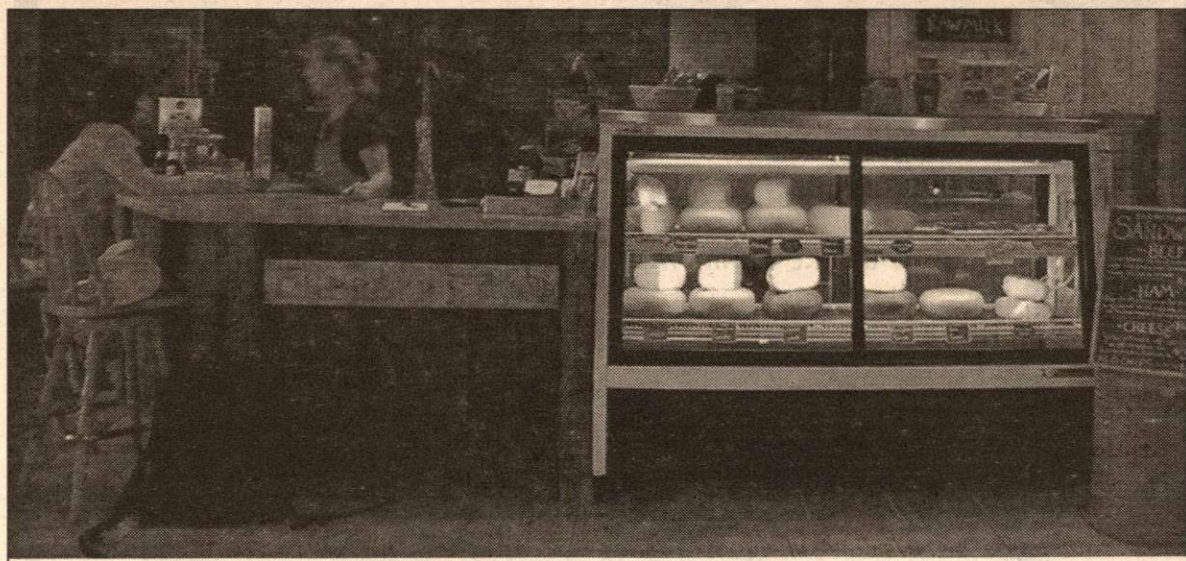
high nutrient content and efficient model for sustainability.

Alongside their 25 dairy cows there are 30 egg laying hens, a pair of ducks and even a watchful guard donkey on the Green Pastures Farm.

Hedquist said the farm is a highly efficient and sustainable property to which she contributes much of their success as one of only a few family run operations in Minnesota to make their living entirely from the land.

They deliver their products nationwide every week of the year even though the milk season is limited, supplying surrounding local community markets including the Duluth Farmers Market, Duluth Whole Foods Co-op and the Northern Waters Smokhaus of Duluth.

In August 2008 the Hedquists opened a retail store in one of the former barns on the property. It is



TOP: Free range turkeys and chickens at the Green Pastures Dairy Farm. BELOW: A customer enjoys hot tea at the farm store.

open Fridays and Saturdays from May to October. Customers can enjoy a cup of coffee in the warm and rustic surroundings of a work-

ing dairy farm and cheese factory. Joy Hedquist's nieces and nephews help the family to raise the farm not because they have to, but

because they love and enjoy doing it. She hopes that they will take over cheese-making in the future, continuing the family's rich legacy.

EVIA KOOS/STATESMAN

Weekly Wanderer

BY NATHAN WILLIAMS
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For all the UMD students who grew up around the Twin Cities, a few days in Minneapolis is no big deal. Not being from Minnesota though, I still haven't spent a lot of time down there. This past week, I got a chance to become more familiar with our campus to the South when I went to the Association of Outdoor Recreation and Education (AORE) annual conference.

The conference was a lot of what you might expect from getting a group of 400 outdoor professionals and students together in one place: Lots of stories about cool trips in crazy places, enough beard hair to insulate a three-bedroom home, and a constant barrage of Patagonia, North Face and Marmot logos. But in seriousness, it was a great place to meet people who work in campus outdoor programs (and have jobs that I would love to have)

and see presentations that were full of valuable information. And yet, the highlights of my Minneapolis getaway were not at the conference itself.

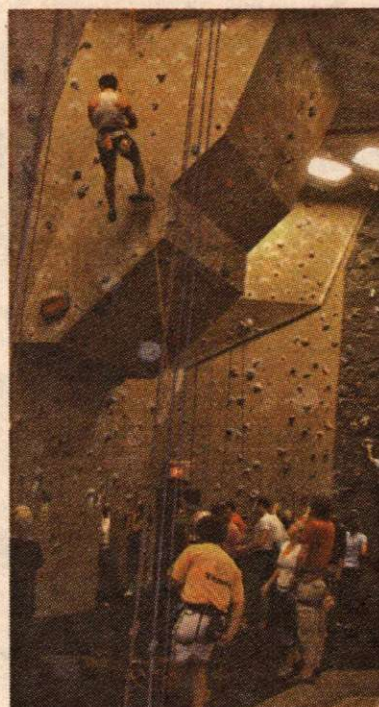
On one escape from the conference corridor that ran from the Coffman Memorial Union to the Radisson hotel, I invited along a couple of new friends for a trip to the behemoth indoor climbing wall, Vertical Endeavors. Duluth has its own version of Vertical Endeavors at Canal Park, but the flagship gym in St. Paul is definitely the big brother of the two.

Mark, a Mad Rock climbing equipment employee who came to AORE from Los Angeles, seemed to be in awe when he looked up at the overhanging climbs that crisscrossed the ceiling. He said there were a lot of climbing gyms in L.A., but Vertical Endeavors was "pretty nice." Shelley, another conference-goer that came along that night, a graduate of UW-Eau Claire who's

doing an internship at Penn State University enjoyed the gym's wall climbs, but seemed to be especially enthused when she took on Twister in the bouldering cave. Mark Zmudy, a faculty member in the Health, Physical Education, and Recreation department at UMD, also joined us on the outing.

On another trip around town, my friend Jess from Northland College crossed over to the West Bank part of campus with me and we visited Midwest Mountaineering, a well-established outdoor sports store in Minneapolis. I searched through the racks in the "thrifty" section upstairs, but couldn't find any pants that fit, while Jess ogled the sea kayaks hanging from the downstairs ceiling. Although I didn't buy anything, Midwest Mountaineering has a lot of great stuff, is locally-owned and is definitely worth a visit. A great time to go will be the weekend of Nov. 21 and 22, when they'll be hosting their annual Outdoor Adventure Expo.

My favorite discovery of the week was Bangkok Thai Deli, a newer Thai restaurant in St. Paul. Situated in a mini-mall, you have to walk through a grocery store to get to it. The TV that was blaring Thai music videos attributed much



NATHAN WILLIAMS/STATESMAN
Climbers at Vertical Endeavors in the Twin Cities.

to its subtle ambiance.

I ordered spring rolls and pad kee mow, a spicy noodle dish made with basil, egg, onion, tomato and Thai green chili peppers. Being so accustomed to the bland Minnesota definition of "spicy," it was a

Just the facts

Vertical Endeavors (855 Phalen Blvd., St. Paul)
<http://www.verticalendeavors.com/>

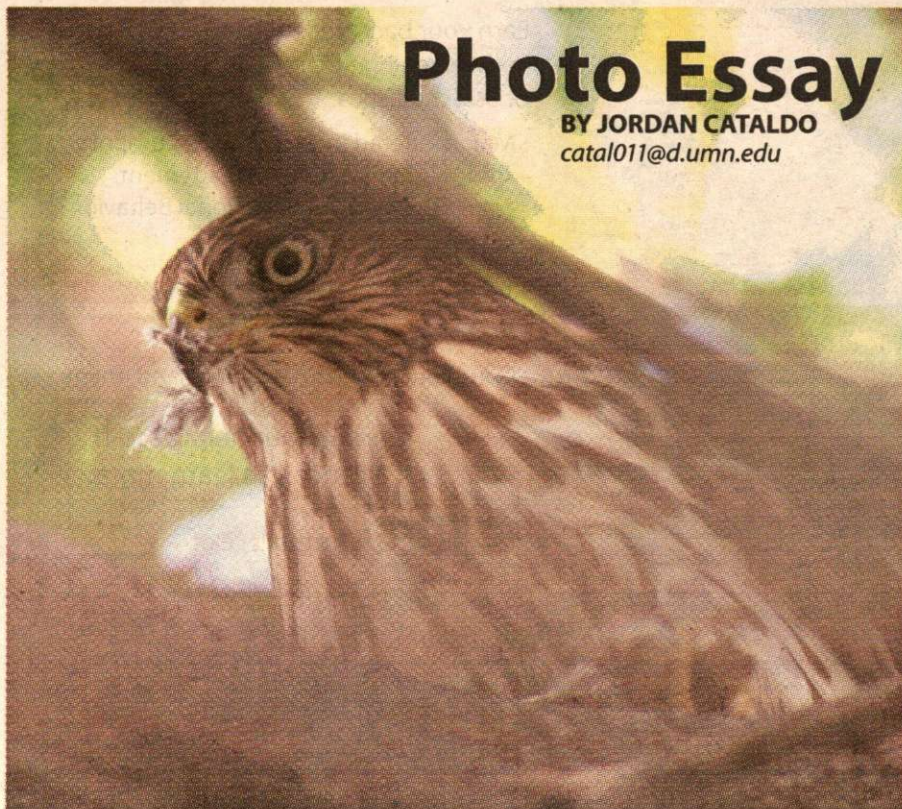
Midwest Mountaineering (309 Cedar Ave. So., Minneapolis) <http://www.midwest-mtn.com> (see <http://www.outdooradventureexpo.com> for details on the Expo in a couple of weeks)

Bangkok Thai Deli (315 University Ave., St. Paul) They don't have a website, but if you Google them you'll find lots of buzz.

welcome treat to have the pad kee mow make my nose run. The food might have been the best Thai I've had in the Midwest, and it will be hard to eat at Duluth's Thai Krathong and not think longingly of Bangkok Thai Deli.

Photo Essay

BY JORDAN CATALDO
catal011@d.umn.edu



PHOTOS BY JORDAN CATALDO/STATESMAN

The Golden Eagle and Northern Goshawk are two of the many birds of prey that migrate over Duluth each year. The grace and strength of these patient creatures never ceases to amaze me. I've always said if I were any animal, I would want to be an eagle. They are some of the most powerful, agile and terrifying creatures on the planet. Yet this cold, deep stare that penetrates miles is admirable. I encourage the time to stop and acknowledge their timeless beauty and infinite presence. I am honored to have shared the time with these treasured animals in the much forgotten beauty of the great north outdoors.



DONNA O'NEILL/STATESMAN



SAMUEL BARTZ/SUBMITTED

LEFT:
Juniors Ryan Stever
and Samuel Bartz with
an antelope hunted
near Wright Wyoming.

RIGHT:
Senior Donna O'Neill
with a one-antlered
two-point buck hunted
in Pierz, MN.

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A Look in the Mirror - The Memoir of a Deaf Performer

November 13, 2009

7:00pm

UMD Bohannon Hall 90

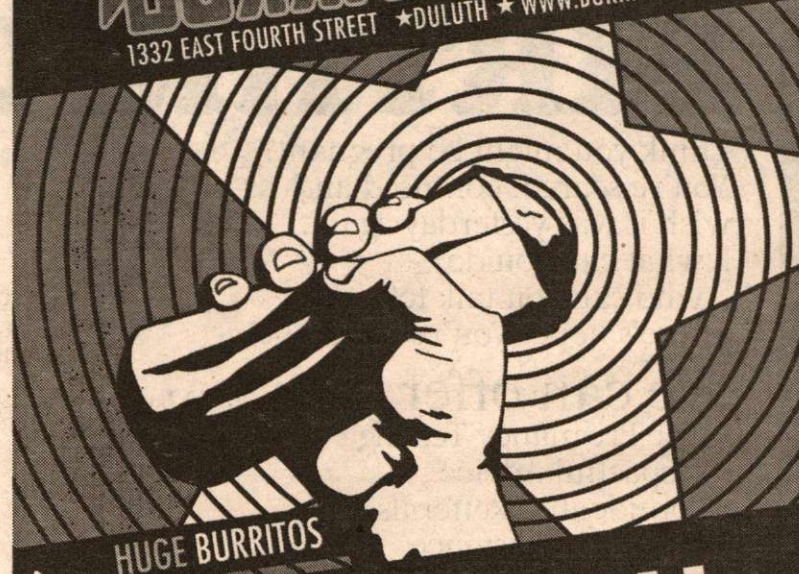
Written and Performed in ASL by: Nic Zapko

Voice Interpreter: Patty Gordon

Reception to follow with snacks and refreshments in Tweed Museum

*The Statesman promotes "Thinking Before Drinking."

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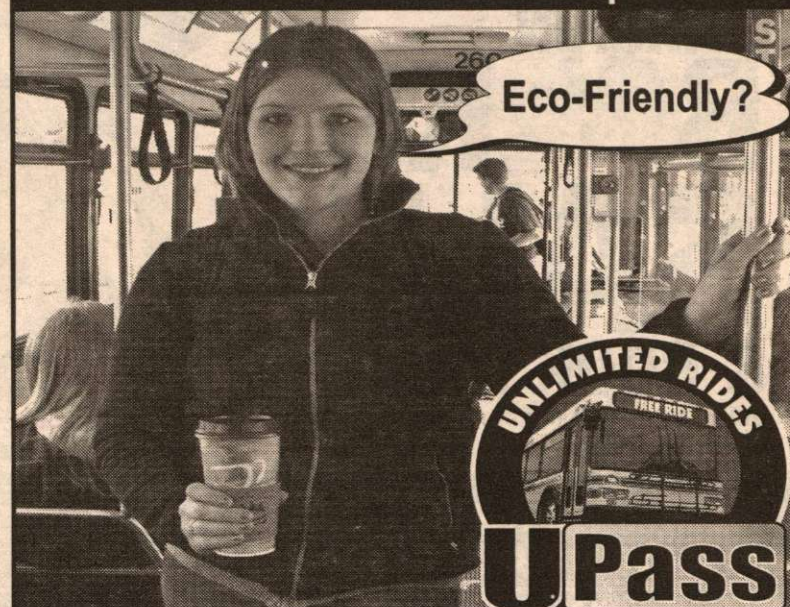
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PUZZLE ANSWERS ON FROM PAGE 18

SUDOKU 1

4	7	3	9	8	1	2	6	5
6	1	8	3	2	5	4	7	9
2	9	5	4	7	6	8	3	1
7	5	4	8	9	3	6	1	2
3	6	9	2	1	7	5	4	8
8	2	1	6	5	4	3	9	7
5	4	7	1	3	8	9	2	6
9	8	6	7	4	2	1	5	3
1	3	2	5	6	9	7	8	4

SUDOKU 2

9	3	7	4	2	5	1	8	6
8	2	4	6	7	1	5	9	3
5	1	6	9	3	8	4	7	2
4	9	5	8	1	2	3	6	7
1	8	3	5	6	7	9	2	4
7	6	2	3	4	9	8	1	5
3	7	8	2	9	4	6	5	1
2	4	9	1	5	6	7	3	8
6	5	1	7	8	3	2	4	9

SUDOKU 3

7	5	1	9	2	8	4	6	3
3	2	8	4	6	7	1	9	5
9	4	6	3	5	1	8	2	7
8	3	4	1	7	6	9	5	2
5	6	7	2	9	4	3	1	8
2	1	9	5	8	3	6	7	4
1	7	3	6	4	2	5	8	9
4	8	5	7	1	9	2	3	6
6	9	2	8	3	5	7	4	1

J	A	M	E	S	I	I	E	S	C	A	P	E	S
A	D	A	P	T	O	R	A	T	E	D	I	R	T
W	I	L	S	O	N	S	S	O	T	H	E	R	E
S	A	T	O	R	I	R	E	P	E	T	O	N	
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			H	E	H		D	O	S		X	K	E
B	E	T	A	C	A	R	O	T	E	N	E		
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R	E	V	E	R	I	E		R	U	S	T	O	U
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H	O	S	T	E	S	S		A	L	L	E	G	R

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UMD REGISTRATION INFORMATION

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November 19 - December 11, 2009

Contact your collegiate student affairs office for the advisement schedule.

Registration queue times
available online November 3.

Find out when you are scheduled to
register for spring at:
<http://www.d.umn.edu/Register/>

Registration Tips:

- Students are responsible for all course registration. **Review your enrollment after any change.**
- Register for all courses by the **END of the 2nd week.**
- Review the **UMD Registrar's Registration Checklist** online: www.d.umn.edu/registrar/webregchecklist.htm
- Become familiar with the **UMD Registration web site:** www.d.umn.edu/Register/
(Holds, View your APAS, U of M Class Schedule, Course pre-requisites, View/Change your Personal Info (address), etc.)
- Register before the first day of the term to avoid a **late initial registration fee.**
- Review and update your Graduation Plan.



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- Explore the requirements for majors and minors
- Discover what courses you need to take, and when to take them
- Make a plan that will help you stay on track for graduation

Spring 2010 term begins:
Tuesday, January 19, 2010

UMD Change of College Application: Preferred deadline for spring 2010: November 2, 2009.

Applications will be accepted until the time of the student's registration, but the student must understand that there is a 3 business day turnaround time from the day the form is turned in at the student affairs office until they are able to register. Forms will not be accepted after the student has registered for the semester or after the semester starts.

Change of College instructions and application available at: www.d.umn.edu/registrar/

• REGISTRATION ASSISTANCE AVAILABLE •

Need help navigating the registration screens or understanding a course pre-requisite?

Contact the Student Assistance Center, 218-726-8000, 23 Solon Campus Ctr,

umdhelp@d.umn.edu.

Closed Class?

- 1) Check the online Class Schedule for a waitlist option and add your name to it. Usually the waitlist is manually sorted based on priority (graduating, declared major, etc). Read below for collegiate specifics on waitlists.
- 2) If there is no online waitlist available, contact the department offering the course. Registration for the course is the student's responsibility. If you are granted permission to enroll in a course, you must receive a permission number. (Permission numbers are valid through the end of the 2nd week of the term.) Read below for details.

Collegiate UMD Student Affairs office information:

CEHSP (120 Boh H)	For all Psy courses the online waitlists are managed by Sandy Nylund, 120 Boh H. Permission numbers are NOT given out for Psy courses. Sandy will register students as seats open. For all other courses, contact the department first, then contact the instructor to find out your options.
CLA (310 KPlz)	First contact the department, then contact the instructor to find out about your options.
LSBE (111a LSBE)	Access to most LSBE courses is managed through the online waitlists. The LSBE Student Affairs office manages the lists.
SFA (5 Mont)	Art & Design courses are managed through online waitlists. For Music or Theatre courses, contact the department and instructor to find out about your options.
SCSE (140 EngrB)	Wait Lists for biology, chemistry, math, and statistics are on-line. Wait Lists for computer science 1000-2000 level courses are kept in 140 Engineering Building. Wait Lists for all other SCSE courses - contact the department or the professor for information.

UMD Collegiate Student Affairs offices

College of Education and Human Service
Professions (CEHSP)

120 Boh H, 726-7156
www.d.umn.edu/cehsp/studentaffairs/

College of Liberal Arts (CLA)

310 Kirby Plaza, 726-8180
www.d.umn.edu/~clasa/

Labovitz School of Business and
Economics (LSBE)

111a LSBE, 726-6594
www.d.umn.edu/lsbe/studaffairs/studaffairs.php

School of Fine Arts (SFA)

5 Montague, 726-8312
www.d.umn.edu/sfa/students.php

Swenson College of Science and
Engineering (SCSE)

140 Engineering Bldg, 726-7585
www.d.umn.edu/csese/

Other Registration Options

UMD Continuing Education

104 Darland Admin Bldg, 726-8113
Spring registration begins Dec 14th.
cehelp@d.umn.edu
www.d.umn.edu/ce/

UMD Graduate School

431 Darland Admin Bldg, 726-7523
www.d.umn.edu/grad/

UMD Medical School

174 SMed, 726-7571
www.med.umn.edu/duluth/

Athlete of the Week: Emmanuelle Blais

BY BRIAN MICHAUD
micha275@d.umn.edu

Year: Senior

Major: Communication

Favorite Class: Children and the media and Conflict management (both communication classes)

Plans after UMD: Go back to Montreal, Canada, to work on making her Senior National go to the world's tournament and get a masters degree at McGill University Montreal.

This week's Athlete of the Week is women's hockey senior, Emmanuelle Blais.

Blais is part of a group of five ladies beginning their senior year of competition. Luckily for her, she has been competing on a national stage since her career began at UMD. The team entered the weekend ranked fifth in the Nation, but the senior Blais reminds the fans that it is still early, and there are many games to be played.

"Last weekend's win against the number one-ranked team in the country was very motivating. We have a very young team, and these kinds of wins are very rewarding for our team and prove a point to the rookies: it's anybody's game even if we will be the

'underdogs' at that time. National rankings are obviously something our team pays attention to, but at this point in the season, we focus mostly on team development and our league rankings," she said.

Ranked or not, this team is clicking. Competing at a high level takes sacrifice. When your team is good, so are your players. With the upcoming Olympic year, the Bulldogs knew they were going to lose some important teammates. Despite this fact, the talented UMD players still rostered have been performing well too, including team point-leader Blais.

"I knew that we were losing a lot of talented and key players due to the Olympic year and that I would have a different role coming in this year as a senior. I worked a lot on the mental aspect of my game. I realized that my performances were greatly influenced by my thoughts and my level of confidence," Blais said.

Things haven't always been easy. This young team has had to scrape and claw for every point they've earned this season. It's tough to win games when you can't score. But the team persevered and a positive outlook on difficulty has made a difference.

"I think that it is normal for a power play to struggle early in season, especially that we have such a young team. A lot of rookies are playing on our special units, and the expectations can be stressful for them. I think that we learned how to work hard and match the intensity of the opponent's penalty-kill, and that's helped us be more successful. We move the puck well and we are used to each other now," Blais said.

"If we keep working, listening to Coach Miller and everyone work as hard as we have been since the beginning of the year, I think it is fair to say that you can expect our team to get to the Frozen four when comes March."

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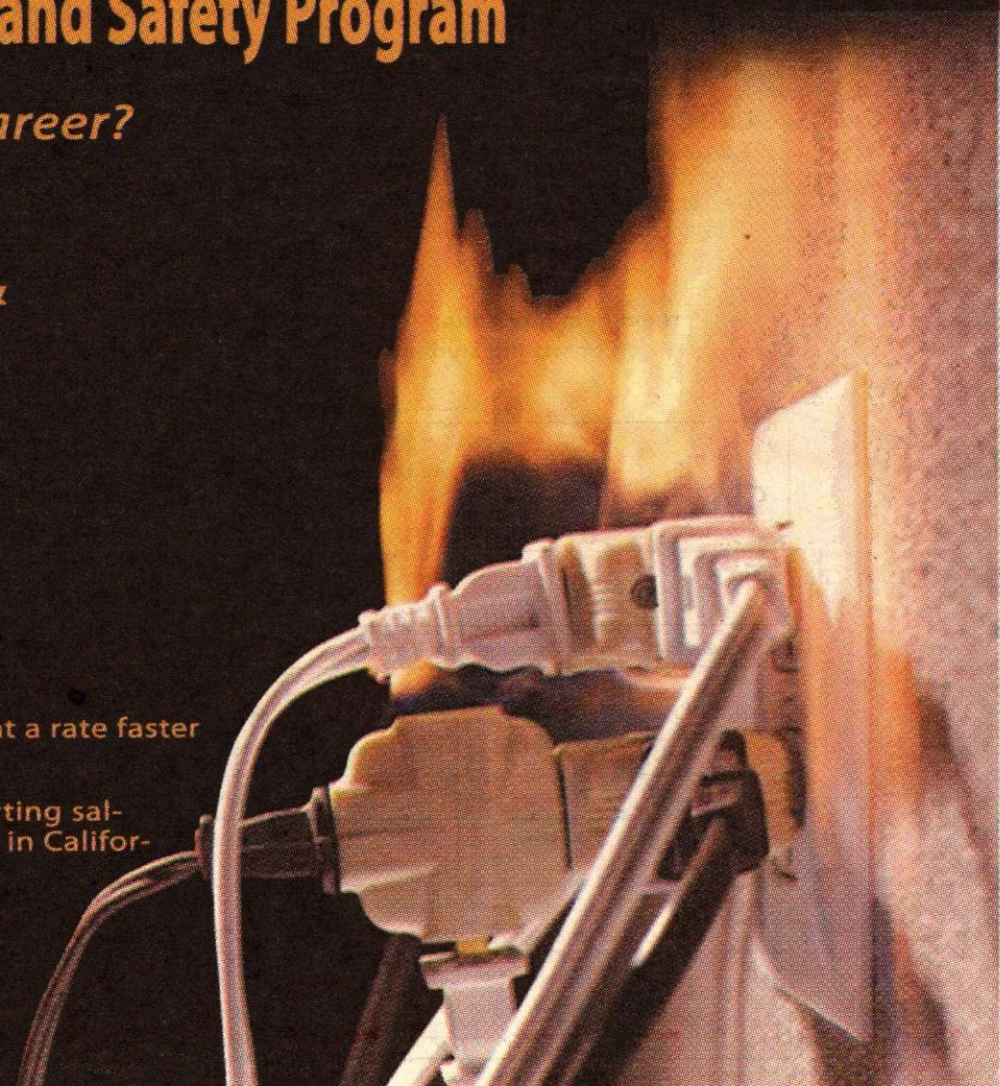
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Bulldog Sports Rundown

BY JESSE MURRAY

murra300@d.umn.edu

FOOTBALL

The UMD Bulldogs finished another impressive regular season on Saturday with a win over Winona State. The 41-16 win capped off a nine game winning streak to end the season with a 10-1 record, and garnered the Bulldogs their second straight Northern Sun Intercollegiate title.

Isaac Odum rushed for 128 yards and three touchdowns, Brad Foss rushed for 76 yards, quarterback Chase Vogler rushed for 66 yards, and wideout DJ Winfield rushed for 26 and a touchdown. Vogler also completed eight of 10 passes for 71 yards. UMD rushed 53 times in the game for 313 yards, and only passed on 10 plays.

UMD holds the no. 1 seed in the NCAA Division II Super Regional 3 bracket, earning them a first round bye in the upcoming playoffs.

SOCCKER

The Bulldogs Soccer team also brought in an NSIC championship over the weekend by upsetting Winona State University 2-1 in the championship game. The win gives UMD an automatic berth into the NCAA Division II tournament.

Maria Leider and Clare Dahmen scored the goals for UMD, with assists from Whitney Wilson and Becky Anderson, respectively. Goalkeeper Hannah Bengtson made 11 saves.

The first round of the NCAA tournament starts on Nov. 13.

MEN'S BASKETBALL

Men's Basketball traveled to Williams Arena in Minneapolis over the weekend to take on the No. 18 NCAA Div. IA University of Minnesota Golden Gophers in an exhibition game.

The game was close for about 10 minutes, when the Gophers took off, dismantling the Bulldogs 50-13 by the half. The final score was 114-47 in favor of the Gophers.

Ryan Rasmussen scored 12 points on four consecutive three pointers to lead the Bulldogs in scoring. No other player scored double digits. Ron White led the team with seven assists and eight rebounds, and Dylan Rodriguez had 1 block. UMD was 10-25 from three point range, but only drew one shooting foul in the game.

The Bulldogs were blocked 14 times, and turned the ball over 28 times, with 21 turnovers coming in the first half.

The season officially starts on Nov. 15 against Michigan Tech at 3 p.m. in the Ramano Gymnasium.

WOMEN'S BASKETBALL

The Women's team fared better against the Gopher's Women's squad. That's little consolation however, as the Gophers dropped the Bulldogs 77-45.

Jheri Booker led the team with 13 points, but was only 4-16 on field goal attempts. Lindsay Miller also scored 11 points, and led the team with four assists. Booker also led the team in rebounds, grabbing seven.

The Bulldogs were 16-25 on free throws, but only 13-53 on all field goals, and three for 12 in three-point attempts.

One bright spot in the game: UMD stole the ball 10 times, and forced the Gophers to turn the ball over 25 times. Unfortunately, the Bulldogs turned the ball over 30 times.

The women start their season on Nov. 15 against Michigan Tech as well at 1 p.m.

WOMEN'S HOCKEY

The No. 5 Bulldogs' Women's Hockey team (7-5-0) came back after a tough loss on Friday to give St. Cloud State a taste of its own medicine.

The Huskies were too much for an injury depleted Bulldogs team, dropping UMD 5-1 at the National Hockey Center in St. Cloud. Saturday however, the tables were turned as the four-time national champion Bulldogs won 5-0 against the Huskies.

Vanessa Thibault scored her first goal, and UMD's only goal in the first game. It was a power play goal with assists from Jaime Rasmussen and Audrey Cournoyer. UMD was 1-4 on power plays, and goalie Jennifer Harss (6-5-0) picked up the loss, allowing five goals in 32 shots on goal.

In the second game Laura Fridfinnson scored her fifth goal, Thibault scored her second goal, Katherine Wilson scored her fourth, Kacy Ambroz got her first, and Katherine Wilson got her fifth. Audrey Cournoyer recorded three points on assists and Emmanuelle Blais added two more. Harss didn't allow a goal on 24 shots.

Next up for UMD is Ohio State in Columbus, Ohio on Saturday and Sunday. Both games start at 6:07.

MEN'S HOCKEY

Men's Hockey (6-3-1) also split the weekend, their games against Colorado College, winning 4-3 in Colorado Springs, Colo. and falling to the Tigers 2-6.

Brady Lamb, Mike Seidel, Travis Oleskuk, and Kyle Schmidt all recorded goals in the first game. Goalie Kenny Reiter allowed three goals on 24 shots.

Schmidt and Seidel scored the Bulldogs' only goals in the second game. Colorado College scored four of its six goals in the power play. Brady Hjelle allowed all six goals on 30 shots.

The Bulldogs next play Michigan Tech at the DECC on Saturday and Sunday. Both games start at 7:07 p.m.

Back to back national bids for women's cross country



TAYLOR MARBLE/SUBMITTED

The team poses for a picture after their regional race last weekend. Morgan Place won the race, making her the first Bulldog ever to win a regional title.

BY KJESTINE STEINBRING

stein713@d.umn.edu

For the second year in a row the women's cross country team is headed to nationals. While this season seemed to be going well for the team from the beginning, sophomore phenom Morgan Place has had things clicking for her entire career.

Not only has Place won 12 of her 15 races thus far in her college career, but this season she has won all but one race including the regionals where she became the second champion all time for the Dogs.

Overall, the team peaked at the prime moment, with juniors Bridget Hines, Rachael Stack, Whitney Hines, Carrie Wardell and senior Alyssa Wendt all scoring points for UMD according to an email from Coach Fulkrod.

Early on in the race there was potential for disaster for the team, with a course flag knocking junior Michelle SanCartier to the ground and forcing her to drop out of the race. Fellow teammate Wardell was also affected by this happening as she stopped to check

on her teammate, causing her to slow down and therefore losing precious seconds off of her time according to the same e-mail.

Despite the small delay and accident the team persevered and finished sixth out of a total of 22 teams.

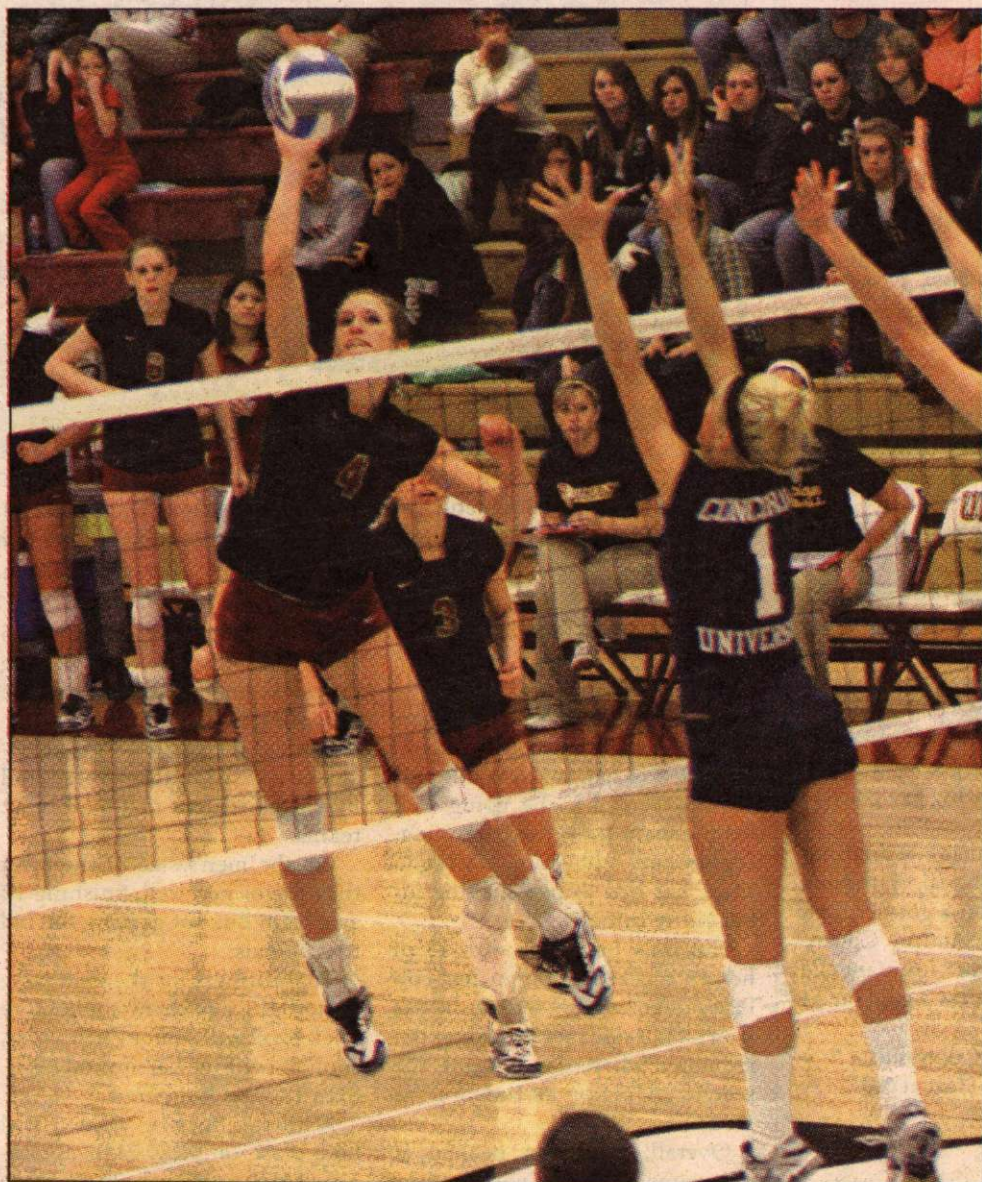
On the men's side of the meet they preformed well, finishing 12 as a team but not gaining the bid to nationals.

Top finishers for the men were junior Eric Escher, sophomore Nick Nygaard, senior Zach Varty, sophomore Kyle Larson and freshman Thomas Ruttger.

Nationals for the women will take place on Nov. 21 in Evansville, IN. Last year the team made it to nationals for the first time in many years and finished well. This year the challenge is to just improve.

According to an email from coach he said that the challenge this year will be to runs as well as possible and finish the best out of the regional teams. Regions was the last race of the season for the men, but track practice has started.

Dogs drag Bears to five sets



PHOTOS BY TOM CARIVEAU/STATESMAN
Junior Alyssa Nelson hits past a Golden Bear blocker, she had 16 kills on the night.

BY SAMANTHA LEFEBVRE
lefeb026@d.umn.edu

Last Tuesday the UMD Bulldog volleyball team hosted the first-ranked Concordia University - St. Paul in Romano Gymnasium. The Bulldogs pushed the Golden Bears to their first fifth set of the season, but in the end it wasn't enough for the Bulldogs to round up another home Northern Sun Intercollegiate

Conference victory and they fell 3-2 (26-24, 21-25, 25-23, 21-25, 15-10).

"We let some opportunities slide but at the same time we had a chance to beat them. We also did something that no other team has been able to do this year and went to a fifth set against the top ranked team, Head Coach Jim Boos said."

UMD started off the match strong and ended their close first set victory with sopho-

more Eleena Lisakka serving an ace to tie up the game and then serving to finish up the set.

"I was so excited to win the first game, because the last time we played them we didn't put up a fight and we let them walk all over us," Lisakka said. "This time we were aggressive. I had that same mentality with my serving, which proved to be beneficial."

The second and third sets gave the Bulldogs a bit more trouble, but by the fourth set the girls proved that they were on the court to play and not just "keep up" with Concordia - St. Paul. In the strong offensive fourth set UMD sophomore middle blocker April Hansen led the team in attacks with 19 kills throughout Tuesday's match.

"Concordia is a good defensive team," Hansen said. "So I knew we had to pressure them with our solid offensive weapons on the pins and in the middle."

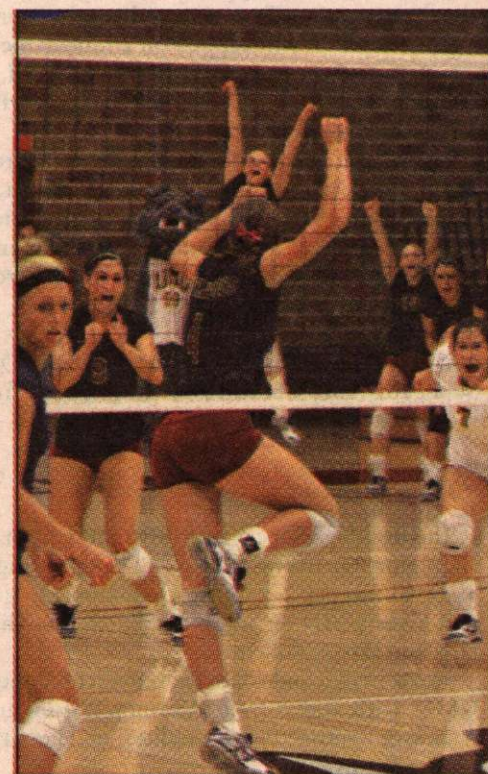
The fifth set tie breaker came with its fair share of nail biting anxiety as hopeful fans encouraged the Bulldogs to pull off a victory against the No. 1 team in the nation. The Bulldogs fell just short, losing 10-15 in the fifth set. Concordia - St. Paul's five set victory last week made it their 65th consecutive overall match won and 49th straight NSIC victory.

"We've been in a great rivalry with them the last couple of years," junior Katie Kuffel said. "Last time we didn't do so well against them so tonight we had to come back and show that we could keep up with them. And I think we did that."

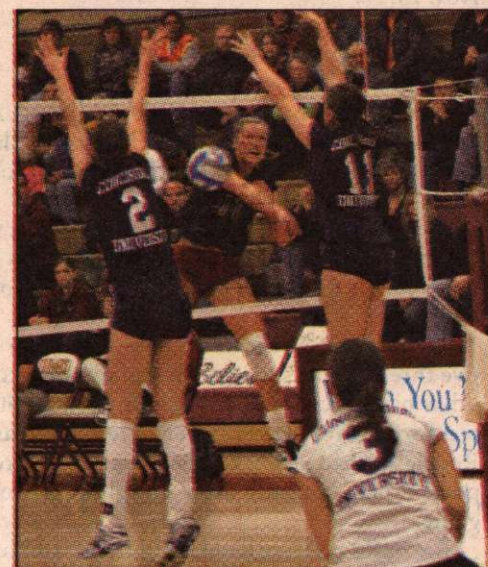
Despite the outcome the Bulldogs hit a percentage of .201, staying very close to the .204 hitting percentage put together by the Golden Bears. UMD did boast the upper hand in blocks at the net with a combined team total of 13 blocks compared to Concordia - St. Paul's eight.

"They are a polished and confident team," Boos said. "But we definitely have talented enough kids to keep up with them and our hitting percentage showed that."

Along with Hansen's 19 kills, junior Alyssa Nelson stepped up and placed 16 kills of her own on the board. Freshman Anna Zyvoloski also recorded double-digits in both kills and digs, 10 and 15 respectively. Senior Rachel Jacobson led the team with 20 digs; the most any UMD defender has ever been able to rake in during a single match.



Nelson celebrates after a UMD point.



Sophomore Hannah Johnson goes up for the hit against two Concordia blockers.

"It was definitely a fun match to play," Jacobson said. "The atmosphere was amazing and the energy on the court was great."